

A Quick Guide on
INFORMED CONSENT

C COMMUNICATION

- Explain the intervention
- Use simple, non-technical language

O OPTIONS

- Discuss alternative treatments
- Identify possible providers

N NECESSARY DISCLOSURE

- Share benefits and risks
- Clarify expected outcomes

S SHARED DECISION-MAKING

- Confirm the patient/client's ability to decide
- Encourage questions and input

E EMPOWER AUTONOMY

- Respect the right to accept or refuse care
- Consent can be modified or withdrawn at any time

N NURTURE TRUST

- Build a collaborative relationship
- Establish professional boundaries

T TRANSPARENCY

- Document the consent process clearly
- Review expected timeframes and costs



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